



HENRY MAGNUS

CLINICAL LEAD COUNSELOR

ABOUT ME

I'm a US veteran that served in Kuwait and Afghanistan. I am an avid weight trainer, yoga practitioner, and a seasoned traveler with 7 years experience in Thailand and South-East Asia.

I have an extensive background in working with trauma victims, stress, boundary formation, anxiety, and dysfunctional relationships.

My practice is vast as I work with military veterans as well as children with behavioral problems. I also specialize in CBT, addictions and rehabilitation, motivational interviewing, and schema therapy training.

I'm a therapist, life coach, and motivational advisor.

CONTACT INFO

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SPECIALIZATIONS

- Provides independent consultation
- Recovery Support
- Stress Management Skills (anxiety and depression)
- Mental Health Assessments
- Dual Diagnosis
- CBT/Emotional Regulation Skills
- Brief Treatment
- Crisis Management Skills
- Addictions Intervention Specialist
- Life Skills and Trauma Stabilization
- Group Facilitator

SKILLS & QUALIFICATIONS

- International Consultant
- Tactical Combat Casualty Care TCCC
- Relapse Prevention Specialist

EDUCATION

Delaware State University

Bachelor of Social Work (macro practice)
Dover, DE, USA

University of Pennsylvania

Masters Degree in Social Work MSW (micro practice)
Philadelphia, PA, USA

ISST

Schema Therapy Certificate
Chiang Mai, Thailand